

LOVE CHESTER

MAGAZINE

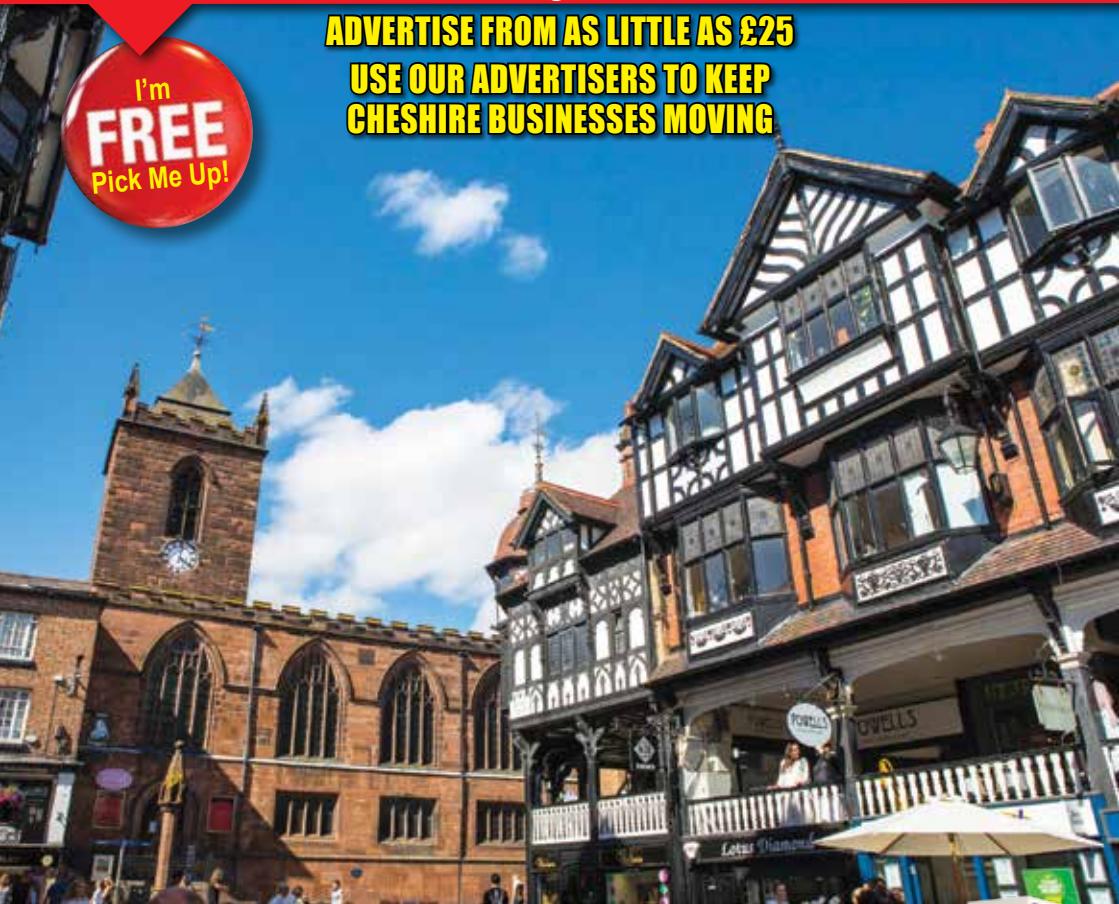


JULY 2019
Issue 29

Monthly Business & Community magazine delivered in & around Chester

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"Both Alison and I would like you to pass on our thanks and best wishes to all of those involved at Elliott Build & Glaze Ltd in this project, as they have been very attentive and professional, as well as personable, throughout the project."

Forshaw/Murray - Bebington

We are very happy with all the work and the high standard that was attained.

O'Mally - Meols

"Scott and the team certainly gave us best in class service whilst they worked on our extension, kitchen and bathrooms. They kept us informed all the way and worked around our diaries to deliver the programme on time. We highly recommend them to anyone."

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Elliott Build & Glaze Ltd is a trading name of S R Elliott Build & Glaze Ltd.



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The Local Magazine for Businesses in and around Cheshire.

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Cover Photograph :

A view of St. Peters Church and the timber-framed buildings in the historic city of Chester



Dear Friends,

Finally we have had some beautiful weather to cheer us all up! Lets hope it continues. We can all appreciate what a lovely part of the country we live in when it's so nice.

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Don't forget you can keep up to date with all our magazines online through your pc, tablet, ipad, iPhone or Android phone, it's so easy to use!

Each month we run many editorials, from recipes and gardening to motoring and holiday destinations, plus Charity Events and Community News to name a few!

We not only have Love Wirral magazine we have now branched out to Love Wrexham magazine, run by Stefan and Adam so look them up too.

Keep up to date with us on facebook and our new facebook group, twitter & visit us at:

www.love-chester.com

Best Wishes
Maxine & Mike



Circulation of this **FREE** magazine is distributed to Chester and its surrounding villages.

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DO YOU KNOW?

1. The U.S. has won over 1,000 cumulative gold medals since the founding of the modern Olympic games in 1896.
2. Jimmy Carter installed solar panels on the roof of the White House. Ronald Reagan had them removed.
3. More than 40% of the Fortune 500 companies in 2010 were founded by an immigrant or the child of an immigrant.
4. A five-year-old boy passed a Microsoft exam in 2014 to become the youngest person to become a Microsoft Certified Professional.



5. In 2004, a man waited 3 days for the shotgun seat of a helicopter giving Grand Canyon tours only to commit suicide by jumping from the aircraft.
6. Army ants build living bridges by linking their bodies to span gaps and create shortcuts across rainforests.
7. Alabama didn't lift its ban on interracial marriage until 2000.
8. Bras were called "BREAST BAGS" in medieval times.
9. The longest prison sentence served in the U.S. was over 68 years long.
10. Currency shaped like knives was in circulation in China from 770 to 220 BC.

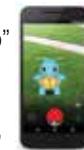


11. During WW2, most people believed Germany would quickly crush the Soviet Union in 3 to 6 months. It took three and a half years and they lost.
12. Dubai man Mohammad Basheer bought a lottery ticket before boarding an Emirates flight that crashed. He escaped the crash and won the lottery.
13. Ten trillionths of your suntan comes from the light of other galaxies.
14. Tigers wait until dark to hunt. Their night vision is six times better than that of humans.
15. In the Saxon Kingdoms of Britain, 240 "Sterlings" were minted from a pound of silver, hence the currency "Pound Sterling."



16. Omphalophobia is the fear of bellybuttons.
17. George Washington did not have wooden teeth. They were made of gold, ivory, lead, human and animal teeth.

18. Stonehenge was built at least 300 years before the Egyptian pyramids.
19. Hylophobia is the fear of trees.
20. To plan for D-Day, the BBC ran a competition for French beach holiday photographs as a way of gathering intelligence on suitable beaches.
21. For 2 years during WW1, the Big Ben's bells were silenced and the clock was not illuminated at night to avoid guiding attacking German Zeppelins.
22. Up to 10% of invasive cancers are related to radiation exposure.
23. Eddie Eagan is the only person to ever win gold medals in both the Winter and Summer Olympics: BOXING and BOBSLED.
24. In Korea, everyone is one year old from the time they are born, and everyone gets a year older on New Year's day.
25. An inmate filed a US\$ 5 million lawsuit against himself. He claimed that he violated his own civil rights by getting arrested. He then asked the state to pay because he has no income in jail.
26. The Masaya Volcano located in Managua, Nicaragua, is getting Wi-Fi. Researchers are installing it to better predict the volcano's eruptions.
27. The Waldorf Astoria Hotel once had its own private railroad track at Grand Central so that its guests could clandestinely enter and exit New York City.
28. The original name of Liberty Island, home of the Statue of Liberty, was Bedloe's Island.
29. Vietnamese don't call it the "Vietnam War," they call it the "Resistance War Against America."
30. A hippopotamus can swallow a man whole.
31. Before finding success and making over US\$100 million as a comedian, Steve Harvey was homeless for 3 years.
32. The game "Pokemon Go" earned an estimated US\$200 million in its first month.
33. The "Back to the Future" movie franchise is safe from reboots for as long as the original director and writer are alive.
34. In 2016, a Dutch woman who was raped in Qatar was convicted of adultery, fined over US\$800, and spent months in jail for reporting the crime.
35. Louis Armstrong spent his adult life celebrating the wrong birthday. He believed it was July 4th, 1900, but it was actually August 4th, 1901.
36. The man who inspired the 2004 Tom Hanks movie "The Terminal" spent 18 years living at the departure lounge of Charles de Gaulle Airport.





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COMMUNITY NEWS

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10 YEARS DELIVERING QUALITY DEMENTIA CARE IN CHESHIRE



Cheshire and Wirral Partnership NHS Foundation Trust's (CWP) older people's memory service is celebrating after being accredited by the Royal College of Psychiatrists for its work assessing and diagnosing dementia – its 10th consecutive year of achieving the coveted Memory Services National Accreditation Programme (MSNAP) award.

The older people's memory service, with clinics in Chester, Clatterbridge, Ellesmere Port and Helsby provides assessment, diagnosis and treatment for people with a range of memory problems as well as offering support to families and carers.

The fantastic news comes in time for Dementia Action Week (20-26th May), a dedicated week calling on people to take action to create supportive dementia friendly communities, where people living with memory difficulties can continue to socialise with others, hop on the bus, go to their favourite shops or take part in local activities for as long as possible.

Dr Sadia Ahmed, CWP clinical director and consultant psychiatrist, said: "I am incredibly proud of the team in achieving this accreditation, particularly in their 10th consecutive year – they truly are a credit to our local community. The Royal College of Psychiatrists were very complimentary about the quality of care provided as well as awarding us a Sustainable Mental Health Service Commendation.

"Every three minutes, someone in the UK develops dementia*. This means almost all of us know someone affected by dementia – a family member, friend or colleague which is why it's so important to have high quality, responsive and caring services to help people be the best they can be. Accreditation assures our staff, people accessing services and their carers and regulators that the standard of care available is what we would all want for our loved ones."

The older people's memory service accepts referrals from GPs and other health professionals and is a multi-disciplinary team including doctors, an advanced nurse practitioner, mental health nurses, occupational therapists, social workers, a psychologist and support workers.

Susie Green, community mental health nurse and clinical lead for CWP's older people's memory service, said: "This is an excellent achievement and reflects the hard work, commitment and pride the team takes in providing quality care, we continue to strive to improve the service we provide in all areas of assessment, diagnosis, treatment and ongoing support."





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OUR ZOO

What's happening at Chester Zoo.

Surprise! Rare dusky pademelon born at Chester Zoo begins to peek out from mum's pouch



- Moment joey pops his nose out of mother's pouch captured on camera
- Tiny newborn is the first 'miniature wallaby' ever born at the zoo
- Unusual Indonesian animals are vulnerable to extinction in the wild
- Zoo conservationists hope delightful newcomer will help to raise profile of the little-known species

Jumping for joy! The first dusky pademelon joey born at Chester Zoo has started to peek out of its mum's pouch.

Keepers at Chester Zoo are celebrating the birth of the zoo's first dusky pademelon – a rare 'miniature kangaroo' from Indonesia.

The adorable joey has just started to peek out from the pouch of first-time mum Styx after being born earlier in the spring.

Dusky pademelons, also known as dusky wallabies, are small, hopping marsupials found in forests on the island of New Guinea, as well as some neighbouring islands.

Infants are born 30 days after mating and then



OUR LATEST NEWS & EVENTS

continue to grow inside their mother's pouches until they fully emerge at around seven months.

Dave White, Team Manager of the zoo's Twilight team, said:

"Just like kangaroos and other marsupials, newborn dusky pademelons will climb up to the safety of mum's pouch to nurse when they are merely the size of jellybeans. It's in that pouch that they receive all of the nourishment and protection they need as they develop, right up to the moment they are old enough to begin exploring the outside world for themselves."

"The joey here – the first to ever be born at the zoo - has just started to peek out from mum Styx's pouch. She's a first time mum and it's really lovely to see her hopping around with her new baby. An adult dusky pademelon's pouch has a powerful muscle to prevent the joey from falling out, but it won't be too long until it's ready to fully emerge and start hopping around on its own two feet. That's when we'll discover whether it's a boy or a girl and choose its name."

The dusky pademelon is listed as vulnerable to extinction by the International Union for the Conservation of Nature (IUCN). Its population is estimated to have declined by 30% in the last 15-20 years, largely due to trapping, hunting and habitat loss.

Experts from the IUCN say that close monitoring of the species is needed to ensure the continued health and survival of the dusky pademelon in New Guinea.

Tim Rowlands, the zoo's Curator of Mammals, added:

"Relatively little is known about the dusky pademelon and we're working to better understand these fantastic animals. Through the scientific observations we're making at the zoo, and all that we're learning as mum brings up her new joey, we're able to better document dusky pademelon behaviour. This could help add to the baseline of data that already exists and help other conservation teams to ensure its long-term survival in the wild."





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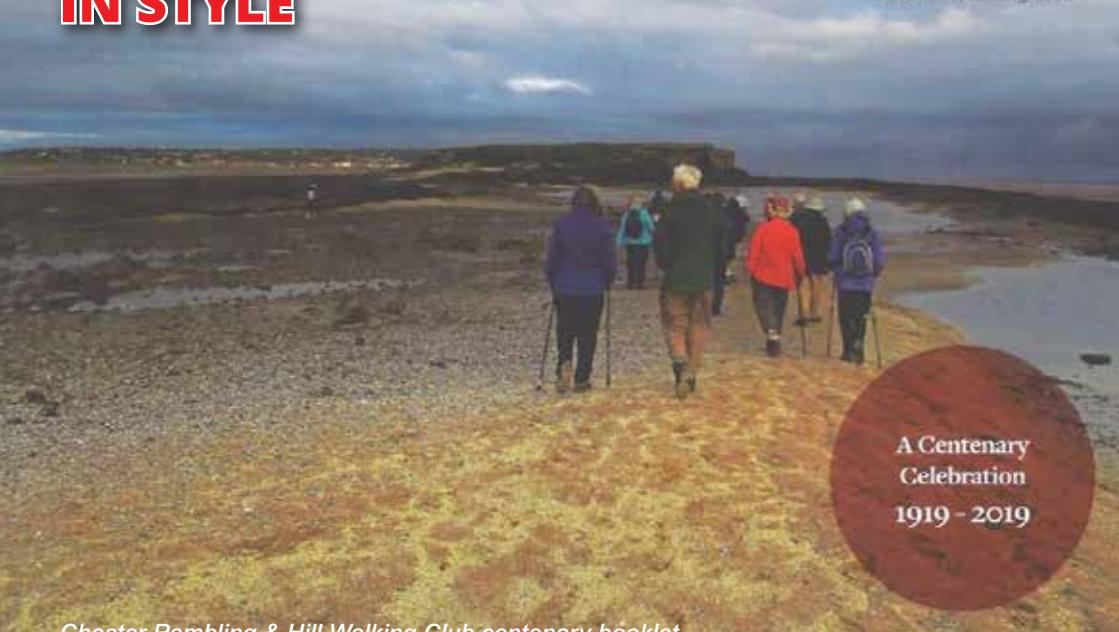
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COMMUNITY NEWS

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CHESTER WALKING CLUB CELEBRATES CENTENARY IN STYLE



Chester Rambling & Hill Walking Club centenary booklet

'The Chester Rambling and Hill Walking Club has provided pleasure and adventure to walkers for 100 years. It could take a lead in campaigning for walkers' rights too.'

So said Kate Ashbrook, the general secretary of the Open Spaces Society, speaking at the club's centenary dinner at the Queen Hotel, Chester, on Thursday 16 May.

More than 135 club members at the dinner heard Kate speak on this history of the access movement over the last 150 years; the campaigns for access to the countryside, on public paths and by freedom to roam on mapped open country. Kate suggested that the club could have a greater role

in campaigning for paths and open spaces today.

'With access to our countryside and towns under constant threat, your excellent organisation can do much to ensure that our green spaces and paths are protected into the future,' she said.

'Here are some ideas. You can:

- ❖ fight those developments which will swallow up green spaces;
- ❖ identify green spaces within your communities which local people have enjoyed, without permission or challenge, for 20 years and apply to register them as town or village greens. This will ensure they are protected for ever;

❖ object to paths being moved onto inferior routes, and encourage landowners to dedicate new paths;

❖ research historic routes which have not yet been recorded on the official maps and submit applications for their addition—before the maps are closed on 1 January 2026.

'And, of course, you will continue to welcome walkers and enable people to enjoy our glorious countryside, with your varied and extensive walks programme—which you do so brilliantly.'

'I wish you all the best for the next 100 years,' Kate concluded.



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Summer Gardening Tips



Summer - the time for recreation and holidays. But before you leave for your summer holidays, we have a couple of tips on what to do in your midsummer garden.

CUTTING STRONG GROWING HEDGES

To make sure that hedges grow densely and evenly, they should be cut several times a year. After the main breeding period of birds from March to late July, you can start cutting your hedges again.

SHAPE YOUR BOXWOODS

To preserve the details of boxwood trees or bushes which were cut in shape, you should now cut back your boxwoods and other evergreens. For perfect shapes you can create templates from cardboard.

PRUNING LAVENDER

When lavender has mostly finished flowering, the shoots should be reduced approximately by one third. This prevents the lavender plants from investing too much energy into seed production. The following year, your lavender will be back with a strong bloom.



REMOVE DEAD FLOWERS

Removing wilted flowers is not only done for aesthetic reasons, but also supports the formation of new flowering shoots. The plant can concentrate its power to the fresh flowers. Moreover, the dead flowers will not become a breeding ground for pests or fungi. Some summer shrubs like larkspur, produce flowers a second time in autumn, when they are cut back after the main flowering.

FIRST AID FOR SUNFLOWERS

If your sunflowers did not come through the latest summer storm, the final chapter has not yet been written. With first aid for sunflowers, you can save even turned down stems. Put the fracture in a splint made of bamboo sticks and fix it with duct tape. This way the water supply is guaranteed.



SOW FRESH SEEDS ON VACATED PATCHES

In August the gardening year is almost over. Some vegetables, however, can still be sown without any problems at the now-vacated patches. These include Radishes, Lettuce, Rocket, Winter Onions and Spinach.



DIVIDE SHRUBS

Should the flowering of your shrubs get weaker or should the blossoms get bald inside, it's time to give your summer shrubs a rejuvenating cure by dividing them. August is a good month for dividing spring and summer flowering shrubs. Dig the shrubs out with a spade or a fork and divide the plants into parts. The single parts should be at least as big as a fist. Remove sick and withered root parts as well as bald spots. Planted at suitable locations the shrubs will return in full blossom.



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Heading in the right direction



Back in 1919, a lady called Miss Mitcham had the curious notion to set up a walking club in Chester. The Chester Co-operative Holidays Association and Holiday Fellowship Rambling Club may have been lumbered with a laborious name, but its members were as keen to get out into the green open spaces of Cheshire and North Wales, as we are today.

So where did our predecessors' boots take them during those early decades? The very first Club walk went to Eccleston and the Iron Bridge at Aldford. Walks were then fairly local, heading to such places as Shotwick, Thornton-le-Moors, Saighton, Peckforton and Gresford. Many were afternoon affairs, with transport arrangements involving train and bus journeys. Over time, distances travelled for a day's walking stretched to Llangollen and Mold, with an occasional outing on a coach to Snowdonia or Derbyshire.

With the closure of many train stations in 1966, buses became the main way to get to walk starting points. That continued until the 1980s, when car-sharing took over, an arrangement that continues to this day.

Camping trips were introduced in 1964, allowing members to tread more distant ground on the Llyn Peninsula, Pembrokeshire and the Scottish border. One trip to Hadrian's Wall in 1977 was marred by the bleakest of weather, with campers enduring several days' of drenching and flooded tents. Despite the vagaries of the British climate, the annual camps are still popular fixtures in the Club programme today.

Whilst the Club's main focus has always been the great outdoors, indoor shenanigans were also well supported. Such activities included whist, folk dancing and play reading, with trips to the swimming baths, theatre and local restaurants introduced in the late 1940s. Guest speakers were popular too, and still are today. In the 1960s and 70s, members also enjoyed arts and crafts evenings. Who could fail to be enticed by this one from 1965 entitled 'A stick whittling and gruelling evening - bring your own penknives'.

During the 1980s, outdoor events included rounders and barbecues on the Meadows. These days, we prefer short evening walks in summer. Two of these have become firmly fixed dates in the calendar. A walk on the Wirral followed by fish and chips at Parkgate always attracts a good turnout, as does the annual hike on the Sandstone Trail, finishing with a pub meal. On one recent Tuesday evening, we recreated our first ever Club walk to Eccleston and the Iron Bridge, in celebration of our Centenary, a momentous occasion blessed with glorious weather.

A bold stride forward was the creation of our website in 2003. In 2004, a shorter, snappier club name was considered the way to go,

and Chester Rambling and Hill Walking Club it was from that day forth.

Not ones to stand still, we continue to move with the times. In 2018 we took our first step into the world of social media, with the creation of a Facebook page. What would Miss Mitcham make of that, I wonder?

So where are we heading next? Cheshire, The Glyndwr Range, Snowdonia, Derbyshire? With a choice of 2 – 3 graded walks of 8 miles or more every Sunday, summer hikes on Tuesday evenings and all day walks on Wednesdays, there's a lot on offer. Camping holidays, coach trips and weekends away all add to the opportunities available, as does the social side of things.

Getting out for a good long hike in the hills is fantastic all round exercise. Escape into the great outdoors this weekend: experience a change of scenery and some fresh air. Discover footpaths you never knew existed. Make new friends. We've been doing all this for 100 years now. If you enjoy group walking with like-minded folk, why not join us?

Check out what we're up to during the spring and summer months by visiting our website: www.chesterwalkingclub.com or take a look at our new Facebook page to see photos of some of our recent walks.

Maria Owen, Press Officer,
Chester Rambling and Hill Walking Club

CHESTER RAMBLING & HILL WALKING CLUB

CHESTER RAMBLING & HILL WALKING CLUB

We are a Chester-based walking club, offering up to 3 grades of walks on Sundays, and alternate Wednesdays, and a programme of short summer rambles on Tuesday evenings. The summer season also sees a flurry of camping activity, when we pack up our tents, hook up the caravans, book B & B's and cottages, and head off to destinations slightly further afield for a few days.

Led by experienced leaders, our Sunday and Wednesday walks last approx 6 hours, so bring picnic, flask and water. These hikes cover Snowdonia and North Wales, Cheshire, Shropshire, Lancashire and Derbyshire. Sorry - no dogs or under 18s allowed on our walks.

The club runs mid-week social evenings during the winter, including supper evenings, quiz nights and the ever popular Christmas party!

Why not come and join us on a trial basis without paying the fee?

Find out more by emailing chesramclub@yahoo.com or head over to our website for more details: www.chesterwalkingclub.com



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Before

After

DIARY DATES JULY 2019



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Telescope Walking Tours

**Jodrell Bank Discovery Centre,
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Tel: 01477 571766**

Jodrell Bank will now be hosting their popular Telescope Walking Tours daily for 2019 where you can join one of their friendly Explainers as they take you for a stroll around the base of the impressive Lovell Telescope.

You'll find out more about how the Grade 1 listed Telescope works, explore its fascinating history and discover some of its ground-breaking research. Walking Tours last around 45 minutes, will take place indoors if wet, are available on a drop-in basis and are free with general admission.

Talks are aimed at adults and children aged 10+

Monday - Sunday 15:00 - 16:00



10th May - 18 Sept 2019

Open Art Exhibition 2019

Grosvenor Museum, 27 Grosvenor Street, Chester, CH1 2DD



Thursday 4th - 7th July 2019

Chester Live

Chester Live returns in 2019 for a 5th year, taking place from the 4th - 7th July 2019 across the city of Chester. Chester Live is a community based,

multi venue live music event.

The aim of the festival is to promote all forms of live music to the local community and bring the community together to get involved with projects which will incorporate all ages and all communities.

www.chester.com/event/music/chester-live-2019/



5th July - 26th August 2019

Moonlight Flicks

Chester Roman Gardens

Moonlight Flicks returns to Chester's Roman Gardens from 5th July - 26th August. Enjoy Summer with 11 specially chosen films and over 30 screenings at the biggest open-air cinema in the North West.

For more information about Moonlight Flicks, you can email us at

info@storyhouse.com



6th July - 7th July 2019

The Tatton Park Stars and Stripes American Car Show

Tatton Park, Knutsford, Cheshire, WA16 6QN Tel: 01507 529 435

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12th to 13th July 2019

TUXEDO JUNCTION - 7:30pm

**St Mary's – a Creative Space,
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Take The 'A' Train and Sing Sing Sing as Chester Operatic Society bring you songs from the Big Band era and beyond! Featuring classics such as Chattanooga Choo Choo, Fascinating Rhythm and Lullaby of Birdland, and many more.

Tickets cost £15 (£8 under 12s). To book, call **01244 375662**, visit Chester Visitor Information Centre or go to <https://www.ticketsource.co.uk/chesteroperatic>

Friday, July 12 - 14th July 2019

Tatton Park Foodies Festival

**Tatton Park, Rostherne Gate,
Ashley Road, Knutsford,
Cheshire, WA16 6QN**

Foodies Festival, the UK's biggest food festival, heads to Tatton Park 12, 13, 14 July. With a mouth-watering summer festival, live music, workshops, masterclasses and of course Top Chefs – pop the date in your diary and book your tickets now!



Friday 26th - 28th July 2019

CarFest North

**Bolesworth Castle, Tattenhall,
Cheshire, CH3 9HQ**

Bolesworth Castle is the venue for CarFest North 2019. 11am - 23:00 CarFest presents a fabulous weekend of music, cars and family fun!



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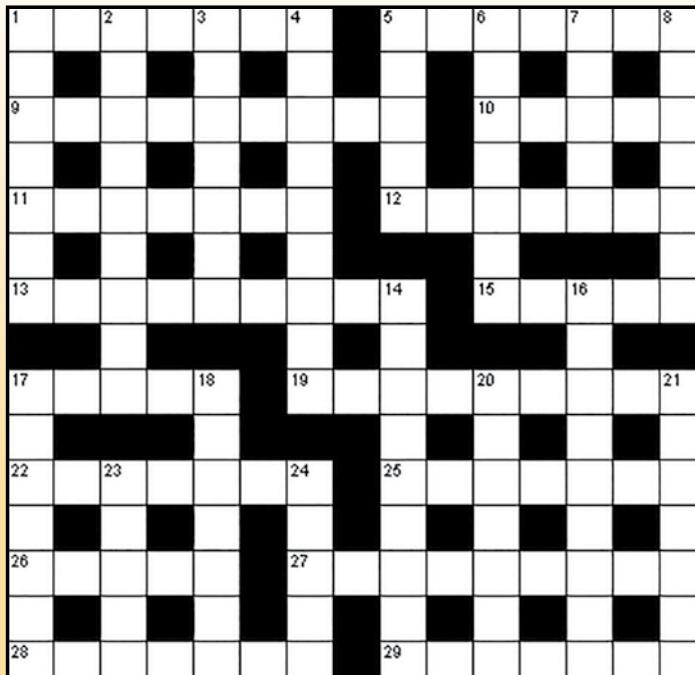
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PUZZLE CORNER



Across

- 1. Ecstasy (7)
- 5. One of Batman's foes (7)
- 9. Long string pasta (9)
- 10. Informal language (5)
- 11. Disappointment (7)
- 12. Chemical (7)
- 13. Beyond normal limits (9)
- 15. Electrical pioneer Nikola (5)
- 17. Divided (5)
- 19. Negated (9)
- 22. Sharpshooter (7)
- 25. Radiating (7)
- 26. Shovel (5)

Down

- 1. Settle conclusively (7)
- 2. Pragmatic (9)
- 3. Detaches (7)
- 4. Addition (9)
- 5. Increase (5)
- 6. Cake or pie (7)
- 7. Rent (5)
- 8. Boat races (7)
- 14. Make understand (9)
- 16. A kind of religious song (9)
- 17. They like inflicting pain (7)
- 18. Thence (7)
- 20. A variant of an element (7)
- 21. Deviate (7)
- 23. A South American bird (5)
- 24. Leave out (5)

- 27. Acquaint (9)
- 28. Cold symptom (7)
- 29. Used for sewing and knitting (7)

Sudoku Puzzle

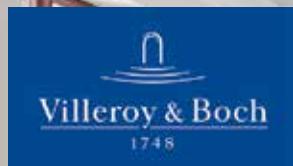
How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Easy**.

Solutions can be found on our website:
www.love-chester.com

	4					2	
	2		8	6		1	3
6	5						
		6	3	9	8		
8		3	7		5		9
2						3	
	3	4	1	6	7	2	9
9	7			2			
						7	4



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13 IS LUCKY FOR SOME AS THE JOSHUA TREE CELEBRATE ITS BIRTHDAY!



Local children's cancer charity The Joshua Tree, celebrate their 13th birthday, and are excited to announce the arrival of the building contractors to begin development of the purpose-built support centre in Sandiway on the Monday 13th May.

The Joshua Tree was founded in 2006 by Lynda and David Hill after their son was diagnosed with leukaemia and discovered a distinct lack in support services for all family members during the traumatic experience of childhood cancer.

The small team currently based in Northwich have tirelessly fundraised over the past 13 years, to not only provide the family support service for the last six years, offering education, psychological and emotional support to children affected by cancers and their families, but also to build a purpose built support centre to develop and enhance this service.

The Joshua Tree's new fit-for-purpose Support Centre is being built in response to the growing demand for the charity's support service from North West families affected by childhood cancer. Due to be completed in 2020, the centre will provide an appropriate environment for families, accommodating children of all ages from toddlers through to teenagers and will feature a multi-functional activity room, counselling suites, soft play and sensory equipment, a games room, office facilities, an outdoor play area and landscaped gardens.



Lynda Hill, CEO and Founder of The Joshua Tree commented: "*We are delighted to finally have reached this milestone that we have worked so hard to achieve. Providing our families with a safe and appropriate environment with a range of indoor and outdoor activities designed to stimulate the children, will allow the family to experience much needed quality time together away from the confines of hospital treatment.*"

Are you handy with a paintbrush or trowl?

Lend your support with the completion of the new support centre by getting in touch with the fundraising team at fundraising@thejoshuatree.org.uk or call **01606 331858**



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